Food system resilience and food security

Food system resilience is...

the capacity over time

of food systems to **sustainably**

ensure **availability of**

and **access to**

sufficient, safe and nutritious food

for all

in the face of **shocks or stresses**

Food security dimensions

STABILITY

SUSTAINABILITY

AVAILABILITY

ACCESS

UTILISATION

AGENCY

Food with dignity initiatives implement a rights-based approach to food security

FOOD WITH DIGNITY

HUMAN RIGHT TO FOOD

Adapted from FAO (2021)

Resource from the *Victorian food resilience planning toolkit*, Foodprint Melbourne – www.science.unimelb.edu.au/foodprint-melbourne